



2nd round Finswimming World Cup 2020



FINSWIMMING
LIGNANO SABBIAADORO (UD) - ITALY
BELLA ITALIA SPORTS VILLAGE

Friday 20, Saturday 21 and Sunday 22 of March 2020



RULES

1 – DENOMINATION:

The A.S.D. BLUE TEAM NUOTO PINNATO with the agreement of C.M.A.S. and F.I.P.S.A.S. has the pleasure to invite you at 2nd Round Finswimming World Cup 2020, which will be held in Lignano Sabbiadoro (UD) from 20 to 22 March 2020.

2 – COMPETITION PLACE:

The Competition will be held in:
Olympic swimming pool of Bella Italia Sports Village – Viale Centrale, 29 – Lignano Sabbiadoro (UD) – number 8 lanes, 50 meters long and a constant depth 2,10 m.



3 – PARTICIPATION RULES AND RACES:

The competition, in accordance with the Finswimming International Regulation, and this Particular Regulations, includes the following races and categories:

Senior (Cat. A) (18 years old and over)

M/F: 50AP, 50SF, 100SF, 200SF, 400SF, 800SF, 50BF, 100BF, 200BF, 400BF, 100IS, 4x100SF RELAY, 4x100 BF MIXED RELAY.

Junior (Cat. B + C + D) (12/17 years old)

M/F: 50AP, 50SF, 100SF, 200SF, 400SF, 800SF, 50BF, 100BF, 200BF, 400BF, 100IS, 4x100 SF RELAY, 4x100 BF MIXED RELAY.

- Swimming style: AP= Apnea; SF= surface Finswimming; BF= Bi-Fins, IS=Immersion

		Friday 20 March afternoon	- ore 17,00 / 20,00 Arrival, control documents and training
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<p>Saturday 21 March morning</p>	<p>- ore 8,00/8,30 M&B warm up - ore 8,30/9,00 W&G warm up</p> <p>- ore 9,10 opening ceremony</p> <p>- ore 9,20 competition:</p> <p>- m. 50 apnea men/women - m. 50 apnea boys/girls</p> <p>award ceremony 50 apnea men/women</p> <p>- m. 50 bifins men/women</p> <p>award ceremony 50 apnea boys/girls</p> <p>- m. 50 bifins boys/girl</p> <p>award ceremony 50 bifins men/women</p> <p>- m. 800 sf men/women</p> <p>award ceremony 50 bifins boys/girls</p> <p>- m. 800 sf boys/girls</p> <p>award ceremony 800 sf men/women</p> <p>award ceremony 800 sf boys/girls</p>	<p>Saturday 21 March afternoon</p>	<p>- ore 15,00/15,30 M&B warm up - ore 15,30/16,00 W&G warm up</p> <p>- ore 16,10 competition:</p> <p>- m. 400 bifins men/women - m. 400 bifins boys/girls</p> <p>award ceremony 400 bifins men/women</p> <p>- m. 200 sf men/women</p> <p>award ceremony 400 bifins boys/girls</p> <p>- m. 200 sf boys/girls</p> <p>award ceremony 200 sf men/women</p> <p>- m. 100 is men/women</p> <p>award ceremony 200 sf boys/girls</p> <p>- m. 100 is boys/girls</p> <p>award ceremony 100 is men/women</p> <p>- m. 4x100 bifins mixed men/women</p> <p>award ceremony 100 is boys/girls</p> <p>- m. 4x100 bifins mixed boys/girls</p> <p>award ceremony 4x100 bifins mixed men/women</p> <p>award ceremony 4x100 bifins mixed boys/girls</p>
<p>Sunday 22 March morning</p>	<p>- ore 8,00/8,30 M&B warm up - ore 8,30/9,00 W&G warm up</p> <p>- ore 9,10 competition:</p> <p>- m. 100 sf men/women - m. 100 sf boys/girls</p> <p>award ceremony 100 sf men/women</p>	<p>Sunday 22 March afternoon</p>	<p>- ore 14,30/15,00 M&B warm up - ore 15,00/15,30 W&G warm up</p> <p>- ore 15,40 competition:</p> <p>- m. 50 sf men/women - m. 50 sf boys/girls</p> <p>award ceremony 50 sf men/women</p>

Sunday 22 March morning	- m. 100 bifins men/women	Sunday 22 March afternoon	- m. 200 bifins men/women
	award ceremony 100 sf boys/girls		award ceremony 50 sf boys/girls
	- m. 100 bifins boys/girls		- m. 200 bifins boys/girls
	award ceremony 100 bifins men/women		award ceremony 200 bifins men/women
	- m. 400 sf men/women		- relay 4x100 sf men/women
	award ceremony 100 bifins boys/girls		award ceremony 200 bifins boys/girls
- m. 400 sf boys/girls	- relay 4x100 sf boys/girls	award ceremony relay 4x100 sf men/women	
award ceremony 400 sf men/women	award ceremony relay 4x100 sf boys/girls	award ceremony relay 4x100 sf boys/girls	
award ceremony 400 sf boys/girls	- award ceremony for clubs and closing ceremony		
- FREE TEST RACES (1500 SF)			

NOTE: ORGANIZER'S RESERVE THE RIGHT OF ANY CHANGE TO THE SCHEDULED PROGRAMME.

NO LIMIT OF PARTICIPATION TO "FREE TEST RACES" OR OUT OF RACE IN OFFICIAL PROGRAM.

For the participation in World Cup program, please refer to points 1.9, 1.10, 1.11 of the CMAS Finswimming World Cup Swimming-Pool rules Version 2020/01.

Organization will accept from each country only one judge in official jury.

4 – ENROLEMENTS:

The competition is governed by CMAS Finswimming Rules, by CMAS Finswimming World Cup Swimming-Pool Rules and by the present Specific Rules that every athlete - with his/her enrolment - affirms to know and agrees to strictly follow.

CMAS regulations can and should be seen at the following link.

<http://www.cmas.org/finswimming/documents-of-the-finswimming-commission>

Please note the following instructions regarding registration because of World Cup all data are stored in the CMAS sport database.

1. Registration



For registration the website is <https://www.sportdata.org/cmas>

Opening date of registration is **from Friday 7 February to Saturday March 15th.**

This year, the registration applies for World Cup program and Free test races).

1. Registration Tutorial:

For registration you need an account.

Users which already have registered an account in our system (*only registered in sportdata. Account in previous base, sport.cmasoffice.org aren't valid now*), please re-use your account. In this case you can also re-use all competitors, coaches, referees and officials data.

If you don't have an account yet, please register online:

https://www.sportdata.org/cmas/set-online/registrate_registrator_main.php?active_menu=registration

For event registration of your competitors, coaches, referees and officials please follow these steps:

- Log in with your account
- Check your team data. Please check if the data is correct and up to date.
- Enter or change the data of your competitors, coaches, referees and officials.
- In the event calendar go to the event you want to register for, click on the “Registration” button of the event you want to register.
- On the bottom of the entries site you will see the functions to make new entries
- Register your competitors / teams in categories, as well as your coaches, referees and officials
- All your registrations will go first on a waiting list in order to validate them. After the payment process is finished, your registrations will be approved and you will be notified by email.
- You can find an overview about all your registrations at “My current entries”. There you can also find the amount you have to pay and the provided payment method.
- Please also check out the “Other Items” section of the event. The organizer may also provide here additional purchase items, like transport, accommodation, etc.
- If you need help please contact the Sportdata Support Team: support@sportdata.org

2. Fees of registration

It's not necessary to buy a CMAS licence to participate at the World Cup 2020. The system will take into account only Temporary licence. CMAS. CMAS licences won't be checked

a. CMAS Fees



For each round or Golden Final, each competitor must, in order to participate, pay CMAS fees, fixed annually by CMAS.

- 20 € for participation fees by each round (include annually temporary licence).

Please note that the names of relays members must be entered during registration process on the base of individual registration even if they swim only relay and even according to the rules, the composition of relays can be changed on site before the beginning of competition.

These fees will be paid only at the end of the registration process online. by credit card or bank transfer including SEPA.

ORGANISATION ENGAGEMENT FEES

Euro 20,00 for club, Euro 7,00 each distance or free test races and Euro 14,00 each relay. Fee paid for not-performed races won't be reimbursed. Also relays must be declared with time on the enrolment forms. Late enrolments maybe accepted with a fine of Euro 50,00.

Payment of engagement fees should be made by bank transfer

- ASSOCIAZIONE SPORTIVA DILETTANTISTICA BLUE TEAM NUOTO PINNATO

IBAN CODE: IT19 R020 0822 0040 0010 3547 072

(For tax of engagements World Cup Lignano Sabbiadoro team.....)

BIC SWIFT: UNCRITM1479 – UNICREDIT BANCA

ATTENTION: The registrations agree and all communication further exclusively will be accepted when the CED sends the confirmation of reception of the same ones. In lack of the reception confirmation no registration will come accepted beyond the expiration of 7 March.

LATE ENROLMENTS OR PAYMENT IN CASH MAYBE ACCEPTED WITH A FINE OF 50,00 EURO.

For all information send an e-mail to: cednp@tiscali.it – cednuotopinnato@fipsas.it

5 – PRELIMINARY PROCEDURES:

All sport documents of the swimmers will be check exclusively from hours 5,00 p.m. to hours 8,00 p.m.

of Friday 20/03/2020 at the swimming-pool of the Bella Italia Sports Village in Viale Centrale, 29 – Lignano Sabbiadoro (UD).

6 – FORFAIT of COMPETITORS:

The team's leader will be announcing the competitor's absent 5 days before starting competition. For every swimmer absent in a heat without communication the club will be liable for a fine of Euro 50,00.

7 – REGISTERED TIME:

Timekeepers with Electronic System.

8 – INDIVIDUAL PRIZES:

Medals will be given to the first, second and third competitor in each individual race and relay in the categories Girls, Boys, Woman, Men and Mixed. At the prize-giving each swimmer **MUST WEAR** his **TEAM UNIFORM**.

MEDALS WILL BE TAKEN ONLY DURING AWARD CEREMONY. PLEASE RESPECT THE PROGRAM

9 – CLASSMENTS AND CLUBS PRIZES:

- 3.1. There will be classification for Individuals, Clubs, National Teams and Countries.
- 3.2. Individual: There will be, for every distance, four different individual classifications for men, women, Juniors Boys and girls. Swimmers registered by Clubs or Nationals 'Teams are in this classification.
- 3.3. Club: The general classification will be made by the total amount of the individual point (men and women, junior and senior only registered by clubs). Four separate Club Classification will be made also for seniors men, seniors women, juniors boys and juniors girls.
- 3.4. National Teams: The general classification will be made by the total amount of the individual point (men and women, junior and senior). Four separate National Teams Classification will be made also for men, women, juniors boys, juniors girls.
- 3.5. Countries Ranking:
 - 3.5.1. The Countries Ranking will be made in accordance with points 1.9 and 1.11 by the total amount of the individual points (men and women, junior and senior) of National Teams.
 - 3.5.2. If National Federation does not enrol its National team, the best two results by club in accordance with points 1.9 and 1.11 at each distance, at each category (men, woman, juniors and seniors) will go to Countries ranking.

10 – DOPING CONTROL:

Doping Control follows the international rules of WADA and CMAS Anti doping code.

11 – CHECK EQUIPMENTS:

Equipments will be check directly to the starting point during competition

12 – RESPONSIBILITY:

A.S.D. BLUE TEAM NUOTO PINNATO, C.M.A.S., F.I.P.S.A.S., the Competition Director, the Competition Officers and the Chief Judge are not responsible for accidents or damages caused to people and things, before, during or after the competition.

13 – SPECIAL NOTES:

This program could be modified for organization cause. Swimmers must be available for the Start Judge with their complete equipment at least 10 minutes before the race start.

Are allowed only bi-fins and swimsuit homologated by CMAS

Swim cap are mandatory. The organizing club reserved to accept and insert an athlete or a relay at any time at own discretion, in or outside the official classification, on request by the participating club.

Any other rule concerning the competition could be found on the C.M.A.S. Finswimming Rules.

14 – VISA:

IF YOU NEED VISA FOR ENTER IN ITALY, PLEASE MAKE CONTACT WITH ITALIAN FEDERATION (F.I.P.S.A.S.) MINIMUM 45 DAYS BEFORE THE EVENT.

15 – HOTEL INFORMATION:

- All information in accommodation form here in attachment

How you can get to Lignano Sabbiadoro

You can get to Lignano Sabbiadoro by various ways of transportation:

By Car - on the highway (motorway)

By car you can reach Lignano driving on the A4 Venice - Trieste motorway or on A23 motorway linking Tarvisio and Venice; the motorway exit for Lignano is made at Latisana, following the local road no 354 which ends at Lignano.

By Bus - Bus Stations

There are many bus lines which regularly depart from the northern part of Italy towards Lignano. There are special buses linking important cities in Germany, Switzerland and Austria to Lignano. More information about bus schedules and timelines: Biglietteria Autostazione Viale Gorizia, 26 Tel. 0039 0431 71373

Bus Station Lignano SAF: www.saf.ud.it

By Train - Train Stations Latisana Train station is just 20 km away from Lignano. From Latisana train station you can access by train Venice (Mestre) and its neighboring airports as well as Trieste, Udine and other main cities in Italy. Lignano and Latisana are linked by regular bus lines

Italian Railways Website: www.trenitalia.com

By Plane - Airports

The nearest airports to Lignano are *Friuli Venezia Giulia Airport* from Ronchi dei Legionari, just 58 km away from Lignano Sabbiadoro, *Marco Polo Airport* in Venice 100 km away and *San Giuseppe Airport* of Treviso, 110 km away from Lignano

City: Venice

Airport: Marco Polo

Telephone: 00390412606111

Website: www.veniceairport.it

City: Treviso

Airport: Antonio Canova

telephone: 0039042220393

Website: www.trevisoairport.it

City: Trieste



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